

### Activity 1

*Discuss the following questions with your partner.*

1. What is your favourite food? How often do you eat it?
2. What foods does your country grow, produce and export?
3. What are the advantages and disadvantages of buying food in street markets instead of supermarkets?
4. How important do you think it is to eat different kinds of food only when they are in season?
5. What are the advantages and disadvantages of eating organic food?
6. Which foods do you make at home? (e.g. bread, pasta, soups, cakes)
7. What are the advantages and disadvantages of eating fast food?
8. To what extent do you think that obesity is a modern phenomenon?
9. Do you think that diets work? Why/not?

### Activity 2

*Match the following traditional sayings (a–d) with their definitions (1–5) below..*

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| a) Fine words butter no parsnips.      | b) Don't put all your eggs in one basket.            |
| c) It's no use crying over spilt milk. | d) You can't have your cake and eat it.              |
|  | e) You can't make an omelette without breaking eggs. |

1. There is no point in regretting past mistakes. It is impossible to change the past.
2. In order to achieve your goals in life you inevitably cause stress or inconvenience to other people.
3. You have to make a decision. You cannot have both of the things you want.
4. What you do is more important than what you say.
5. It is not a good idea to invest all your time and money in one thing. It is too risky.

### Activity 3

*Look at the sayings in Activity 2 again. With your partner, discuss which ones you agree with, and why. Are there any similar sayings in your country?*

### Activity 4

*Use the following questions to begin a conversation with your partner.*

1. How have eating habits changed in your country in the last twenty years? Is it common for families to eat together every day?
2. Approximately what percentage of their salary do people spend on food in your country? How do you think this is different to other countries in the world?
3. What do you think are the main causes of food shortages in the world?
4. What measures can be taken to prevent malnourishment and starvation in the world?
5. Do you think that at some point in the future there will be so many people in the world that the planet will be unable to produce enough food to feed them all?
6. How much do you know about the FAO?
7. How effective do you think summits like the FAO summit in Rome (November 2009) are at addressing global problems like hunger?

**Activity 5**

Go to **EnglishClub.com** and click on the 'TP Homework' icon. Use the information you find there to answer the questions below.

1. According to the information in the TP Homework the earth's population in 2050 will be:  
a) 8 billion    b) 9 billion    c) 10 billion
2. Which of the following countries is mentioned in the TP Homework:  
a) Malawi    b) Zimbabwe    c) Zambia
3. What is the answer to the Quick Quiz?

**Activity 6**

**If the population continues to increase there will come a point in the future when the earth will not be able to produce enough food to support the human race'. Do you agree?**

If you would like to express your opinion on this subject go to **EnglishClub.com** and click on the 'TP Discussion' icon to take part in the forum discussion there.

**N.B. Netiquette! PLEASE CHANGE THE DEFAULT SUBJECT LINE TO INDICATE THE OPINIONS IN YOUR POST BECAUSE IN A BUSY THREAD IT HELPS PEOPLE DECIDE WHICH POSTS TO READ!**